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Title: Arts Therapies and the Space Between

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Category: MQTC/Creative Therapy

Key Points –

- Challenging and insightful papers from leading international academics and practitioners in the arts therapies and education
- Eclectic approaches from varied theoretical backgrounds

Available as Paperback or Hardback

Description

Leading authors in the field of arts therapies and education explore the 'space between' in the client and therapist relationship as a way of opening a wider debate about the nature of therapeutic change. The chapters address questions about the expectations of clients and whether they are achieved; how arts therapists enable clients to create, develop and inhabit a 'space between' internal and external realities, between physical and mental spaces; how arts processes and art forms work to open up and link these spaces; how engagement in an arts therapy space might create connection where there is disconnection; and how it might create new opportunities in relationships.

Authors

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European Consortium for Arts Therapies Education

<http://ecarte.info>

Primary audience

Academics and practitioners in the fields of art therapy, dramatherapy, dance-movement therapy, music therapy, phototherapy, education, psychology and psychotherapy.

Secondary Audience

Educationalists, health professionals & practitioners in other therapies, counselling and theatre, social workers and others working in the community services who are interested in current debates and recent developments in research, training and practice.



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