

17th European Arts Therapies Conference 11-14 September 2024, Gent, Belgium

ECArTE

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Welcome from the Chair

In the dark times

Will there also be singing?

Yes, there will also be singing

About the dark times.

Bertolt Brecht 1939

I begin with Brecht's poem. In these few lines, Brecht initiates, uncompromisingly, the power of creation. The poem speaks of agency and an eternal movement towards art. At its centre is the potential for transformation. In the singular word 'about', there is a call to sound, a call to communicate, and a conviction that experience can be shared and transformed through the melody and lament of art. Brecht's poem is a marker and motif for this 17th ECARTE conference. Along with Stephane Hessel's 'create to resist and resist to create', a picture emerges which speaks to ways we can respond to the tenor of our times. The call is one for participation, engagement and – as Stephane Hessel describes – a 'peaceful insurrection' against political hubris through the creative act. It is a bold theme, a provocation to us as a community of arts therapists, artists and educators to question intentions of practice, the relationship between the inner and outer world (as in how we interpret the idea of resistance for example), and the ways in which we consider mental health in the context of systemic injustice.

The call for papers for this conference prompted immediate response. Ideas came in quickly which tackled creation and resistance through practice, research and the philosophy of education. The result is an exciting programme of papers, workshops, panels, performances and a film.

We are excited to offer two compelling keynotes, and a master-class which will bring the ECArTE community together through song. As is the hallmark of ECArTE conferences, the collegiate, friendly and participatory nature of the event will no doubt bring about lively debate. We can turn again to Brecht for inspiration in his championing of dialectics.

I wish you a fulfilling few days here in the beautiful city of Gent. I would like to thank the many people involved in putting this event together, a task which began immediately after the ECArTE conference in Vilnius, Lithuania in 2022. In particular, my thanks to Mathieu Van der Straeten and Elisabeth Serrus as leaders of the local organising committee, conference administrator Juan L. Köstner, Neil Baird of Dokumenta, the Scientific Committee and my fellow colleagues on the Executive Board, Marian Cao, Alenka Vidrih and Ofira Honig.

Richard Hougham

ECArTE Chair



Conference Organisation

ECArTE BOARD

Chair: Richard Hougham

Royal Central School of Speech and Drama,
University of London, UK

Vice-Chair:

Marián López Fernández Cao

Faculty of Education, University Complutense
of Madrid, Spain

Coordinator: Alenka Vidrih

Faculty of Education, University of Ljubljana,
Slovenia

Treasurer: Ofira Honig

Faculty of Arts, Beit Berl Academic College, Israel

SCIENTIFIC COMMITTEE

Margaret Hills de Zarate and
Uwe Herrmann

SCIENTIFIC COMMITTEE REVIEWERS

Music: Juan Köstner, Catherine Warner,
Carola Van t' Hof, Esa Ala Ruona

Art: Gabi Schmid, Uwe Herrmann,
Margaret Hills de Zárate, Philippa Brown,
Mimmu Rankenen, Siobhan Bereen

Dance: Heidrun Panhofer, Brenda Naso,
Rosa María Rodríguez, Nicki Wendholt

Drama: Salvo Pitruzzella, Stavroulla Demetriou,
Daniel Stolfi, Mandy Carr

Mixed Papers: Claire Louise Vaculik,
Rosa María Rodríguez, Nicky Wendholt,
Margaret Hills de Zárate, Heidrun Panhofer

Education (Dance): Rosa María Rodríguez,
Nicky Wendholt, Brenda Naso

Education (Drama): Daniel Stolfi; Salvo Pitruzzella;
Stavroulla Demetriou

Education (Art): Margaret Hills de Zárate;
Gaby Schmid; Uwe Herrmann,
Mimmu Rankenen; Siobhán Bereen

LOCAL ORGANISING COMMITTEE

Mathieu Van der Straeten
Elisabeth Serrus
Sarah Blancke

CONFERENCE ADMINISTRATORS

Juan L. Köstner

CONFERENCE DESIGN AND SUPPORT

Neil Baird, Dokumenta

OFFICIAL PHOTOGRAPHER & VIDEOGRAPHER

Diana Musca

STUDENT ASSISTANTS

Paris Cite Université

Louise Leroy
Elise Moreau
Juliette Gigon

Royal Central School of Speech and Drama, University of London

Lewis Pickles (student lead)
Sam Ruston
Manasi Gokhale
Petros Petrou

Complutense de Madrid

Camila Peñuela-Hoyos
Jesica Dounce Pereztagle
Catalina Triana

University of Ljubljana

Saša Bavcon
Nuša Kern
Simona Korošec

Artevelde University, Gent

Kai Naert
Lilith Berghmans
Miek De Vriese
Rani Decock
Kelly Speelman
Lien De Ridder

Key Information

Conference Desk

The conference co-ordinator will be present at the conference desk through much of the conference. A Student Assistant will also be pleased to help you during the Conference. **The Conference Desk is situated at Brusselsepoortstraat.**

Message Board

There will be an interactive message board for use by delegates next to the Conference Desk.

Addresses of all venues during the Conference

Campus Goudstraat, Goudstraat 37, 9000 Gent

Campus Brusselsepoortstraat, Brusselsepoortstraat 93, 9000 Gent

Campus Kantienberg, Voetweg 66, 9000 Gent

Campus Stropkaai – Aula, Stropkaai 38, 9000 Gent

Different sites

As the programme is taking place across different sites, it is important to check your own itinerary to establish how long it will take you to get to the different venues. You will see from the map on page 8 the times to walk to each venue. Please allow enough time to arrive before the presentation or workshop to minimise disruption.

Catering

All lunches will be at Brusselsepoortstraat. All food is vegetarian.

Sustainability

ECaTE is committed to a sustainable conference production and delivery. All the catering materials are from sustainable sources and recyclable. Details are available when you register. At the end of the conference we will ask you to return your lanyard.

WiFi Link

Delegates may pick up a free WiFi Link at the University. Please ask at the Conference Desk for the password.

Performances

Opening Ceremony - Wednesday 11 September, Stropkaai - Aula

COLOURS

Het Scheldeoffensief was founded in 2017 by theatre maker Frank Dierens (including KOPERGIETERY 'Kopbeest', 'First Snow', 'Dallas', Comp. Marius and Laika) and pedagogue An Van den Bergh. With Het Scheldeoffensief, they make (location) theatre with people with mental and/or physical disabilities. On the one hand, they organise weekly inclusive theatre workshops, and on the other they create an annual performance using a professionally framed programme.

Friday 17.30 Nemrod's Hall, Goudstraat

STORIES OF MARYAM - Karima Anbar

This performance is a presentation of real-life stories shared by Syrian, Palestinian and Lebanese women victims of war and violence, all residing in Lebanon. The stories were collected during the different drama therapy programs over the past 5 years implemented by Intisar Foundation across Lebanon.

Saturday 9.15-10.00 Nemrod's Hall, Goudstraat

THE LAST DANCE - Rachel Porter, Emily Laurens & Persephone Pearl

How do we deal with irreversible change and the aftermath of loss? How do we find purpose, meaning and even joy in the face of loss, ruin or collapse? What happens when we face impossible choices? How do we create ritual out of chaos, and the transpersonal through the creative act? Through the performers' visceral exploration of the ways in which we deal with the death of something we love, we face the struggle to accept our powerlessness and redefine what power could be.

Visits

Thursday 19.30-21.00 or 20.00-21.30

VISIT TO MUSEUM DR GUISLAIN GENT

See page 21 for more details.

Book Launch

Friday 13 September, during lunchtime in Brusselsepoortstraat

Memory: shaping connections in the arts therapies, Routledge 2024.

Edited by Marian Cao, Richard Hougham and Sarah Scoble

Arts Therapies and the Mental Health of Children and Young People: Contemporary Research, Theory and Practice. Volume 2. Edited by Uwe Hermann, Margaret Hills De Zarate, Heather M. Hunter & Salvo Pitruzzella

Attendance Certificates

Attendance Certificates will be issued to delegates shortly after the conference by email.

Feedback

Evaluation and feedback on your experience at the Conference would be much appreciated by the Conference Directors. Responses will be discussed by Consortium members and drawn on to assist us in developing future ECArTE Conferences.

We will be asking delegates to complete a feedback form which will be handed out at the beginning of the plenary session.

Conference Lanyard

You are asked to wear your conference lanyard with your badge to assist interaction between delegates. Your badge may also be required for entry to evening events, including the Opening Ceremony, and at lunchtime.

White: Conference Delegates

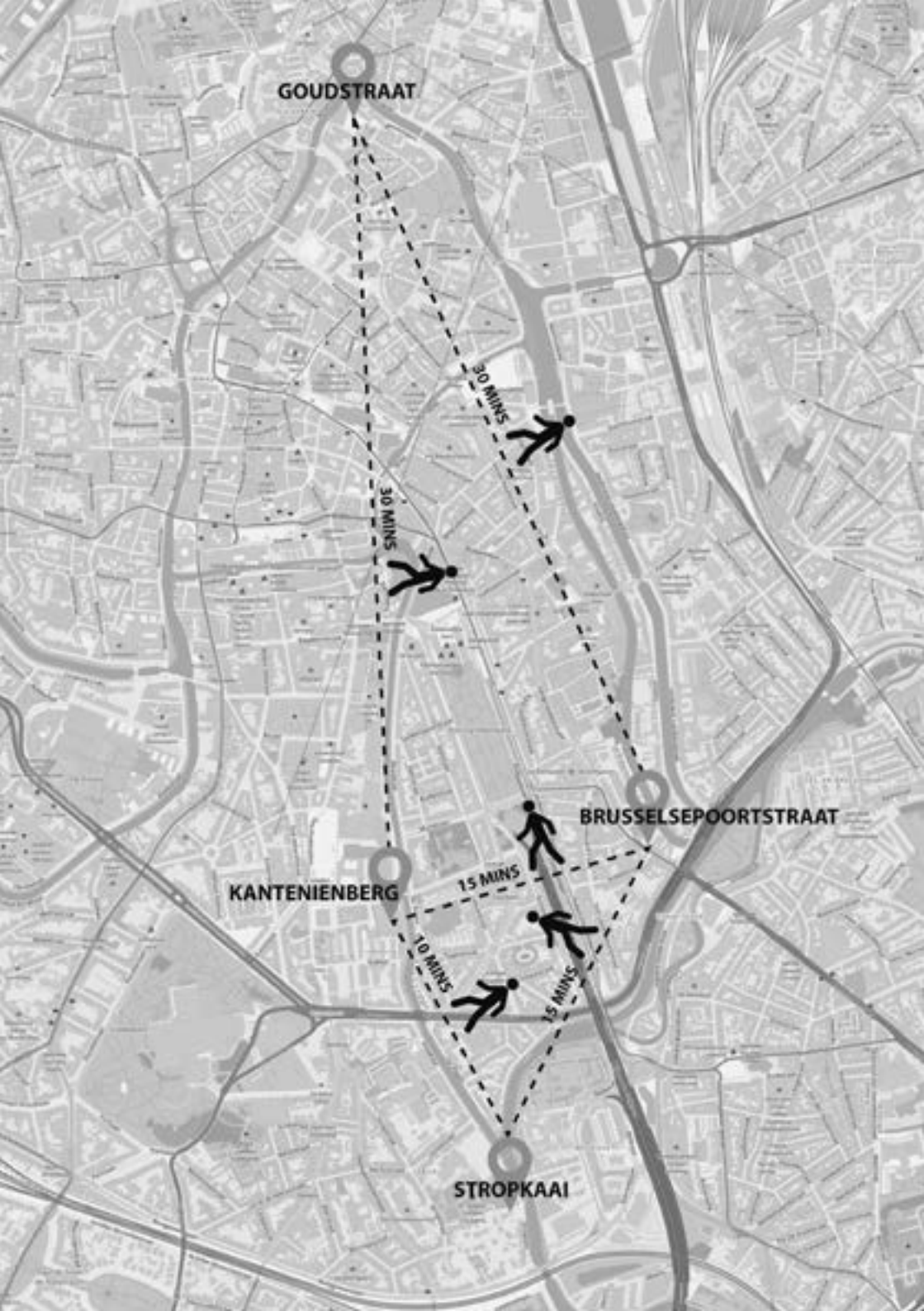
Blue: Conference Directors, Members of the Local Organising Committee, ECArTE Board Members

Green: ECArTE Member Representatives, Global Representatives

Yellow: Student Assistants

Programme Information

For details of the abstracts, please look on the ECArTE website www.ecarte.info
Any changes to the programme will be updated on the website and will also be announced on the notice board next to the conference desk.



GOUDSTRAAT

30 MINS

30 MINS

KANTENIENBERG

10 MINS

15 MINS

15 MINS

BRUSSELEPOORTSTRAAT

STROPKAAI

Addresses of all venues during the Conference

Campus Goudstraat, Goudstraat 37, 9000 Gent

Campus Brusselsepoortstraat, Brusselsepoortstraat 93, 9000 Gent

Campus Kantienberg, Voetweg 66, 9000 Gent

Campus Stropkaai – Aula, Stropkaai 38, 9000 Gent

Spaces in the different venues

The following spaces are detailed in the programme outline.

KANTIENBERG

Kantienberg L.02.01

Kantienberg L.03.01

Kantienberg L.03.03

Kantienberg L.08.01

Kantienberg L.08.02

Kantienberg T.10.01

Kantienberg T.10.02

GOUDSTRAAT

Goudstraat Nemrod's Hall

Goudstraat A1.05

Goudstraat B0.03

Goudstraat B0.04

Goudstraat B1.02

Goudstraat B1.03

Goudstraat C0.08

Goudstraat C1.03

Goudstraat C1.05

BRUSSELSPOORTSTRAAT

Brusselsepoortstraat ground floor
(for lunch every day)

Brusselsepoortstraat A01.01

Brusselsepoortstraat A01.02

Brusselsepoortstraat A01.03

Brusselsepoortstraat A01.04

Brusselsepoortstraat A01.05

Brusselsepoortstraat A01.06

Brusselsepoortstraat A01.07

Brusselsepoortstraat A02.05

Brusselsepoortstraat A02.06

Brusselsepoortstraat A03.01

Brusselsepoortstraat A03.02

Brusselsepoortstraat A03.03

IMPORTANT

As the programme is taking place across different sites, it is important to check your own itinerary to establish how long it will take you to get to the different venues. You will see from the map the time to walk to each venue so **please allow enough time to arrive before the presentation or workshop begins** to minimise disruption.

Photography and filming during the conference

Please note that filming by delegates during workshops, paper presentations, panels and performance is prohibited. Delegates will appreciate the material presented in papers and the practice in workshops should remain unrecorded unless organised with prior agreement. It is possible to take photos of slides during paper presentations with the prior agreement of the presenter.

Diana Musca is the designated videographer for the conference. Diana will be taking photos and filming parts of the performances and keynotes with prior agreement but will not film any paper presentations or workshops.

Diana will also be asking people to speak briefly to camera during the conference for immediate impressions, reflections, and comments, with a view to making a short, edited film. Consent forms will be available for these short interviews.

Explore Gent

Gent by bike

Gent is a bike-friendly city. We encourage you to explore the city by bike. There are several options to rent a bike for multiple days. Take a look at: <https://stad.gent/nl/mobiliteit-openbare-werken/mobiliteit/fiets-huren-deelfiets-nodig>

Posters

There will be Poster Presentations in the Reception Area of Brusselsepoortstraat during the lunch period on Thursday 12 September.

Closing Celebration

Saturday 19.30-22.30 – 10th floor Kantienberg

The Closing celebration will take place on the top floor of the University building Kantienberg, which has view over the city.

There will be a celebratory dinner, drinks and singing.

There is an additional charge of €30 for this event.

PROGRAMME OVERVIEW

DAY 1 – WEDNESDAY 11 SEPTEMBER

13.00-15.30 **Registration**
Main desk at Stropkaai – Aula
Campus Stropkaai – Aula
Stropkaai 38, 9000 Gent

16.00-18.00 **Opening Ceremony**
Stropkaai – Aula

DAY 2 – THURSDAY 12 SEPTEMBER

09.00-10.00 **Keynote** (Stropkaai – Aula)

10.15-11.00 Coffee (Brusselsepoortstraat)

11.00-12.30 **Papers** (Brusselsepoortstraat)

12.30-14.00 Lunch and **Posters** (Brusselsepoortstraat)

14:00-15:15 **Panels** (Brusselsepoortstraat)

16:00-16:30 Tea, Coffee, and Belgian Chocolate (Goudstraat)

16.30-17.30 **Masterclass** (Nemrod's Hall, Goudstraat)

19.30 or 20.00 **Guided tour of the Museum Dr Guislain, Gent** (optional)

DAY 3 – FRIDAY 13 SEPTEMBER

09.00-09.10 **Notices** (Nemrod's Hall, Goudstraat)

09.10-10.00 **Keynote** (Nemrod's Hall, Goudstraat)

10.00-10.30 Coffee (Goudstraat)

11.00-13.00 **Workshops** (Goudstraat)

11.15-13.15 **Workshops** (Kantienberg)

13:30-14.45 Lunch and **Book Launch** (Brusselsepoortstraat)

15.00-16.30 **Long Papers and Film & Discussion** (Brusselsepoortstraat)

19.30 **Performance** (Nemrod's Hall, Goudstraat)

DAY 4 – SATURDAY 14 SEPTEMBER

- 09.15-10.00 **Performance** (Nemrod's Hall, Goudstraat)
- 10:00-10:30 Coffee (Goudstraat)
- 10.30-12.30 **Workshops** (Goudstraat)
- 11.00-13.00 **Workshops** (Kantienberg)
- 13.15-14.15 Lunch (Brusselsepoortstraat)
- 14.30-16.30 **Papers** (Brusselsepoortstraat)
- 17.00-18.00 **Plenary** (Stropkaai)
- 19.30-22.30 **Closing Celebration** (Kantienberg)

PROGRAMME IN DETAIL

DAY ONE PROGRAMME IN DETAIL – WEDNESDAY

REGISTRATION FOR DELEGATES 13.00-15.30

Main desk at Stropkaai – Aula

Campus Stropkaai – Aula, Stropkaai 38, 9000 Gent

OPENING CEREMONY 16.00-18.00

Stropkaai – Aula

Welcome from the Chair, Richard Hougham

Welcome Address Dr. Patricia Claessens, Director of the Expertise Network Health & Care at Artevelde University of Applied Sciences and President of Coehere

Introductory Film Singing In The Dark Times: Arts Therapies at Artevelde University of Applied Sciences

Honorary Membership Jan Vandromme, introduced by Marian Cao

Performance 'COLOURS' by Het Scheldeoffensief (see page 6)

Welcome Drinks

DAY TWO PROGRAMME IN DETAIL – THURSDAY

Please go to the ECARTÉ website (www.ecarte.info) to view abstracts

KEYNOTE 9.00-10.00

The Right to Hope

(Stropkaai)

Dijana Milošević

Introduced by Richard Hougham

COFFEE

Brusselsepoortstraat

PAPERS 11.00-12.30

PAPER SESSION 1 – ART

(Chair, Marián López Fernández Cao)

Brusselsepoortstraat A01.01

PAPER 1:

Places of loneliness

Karin Dannecker

PAPER 2:

The Shutters have Eyes – an autobiographical play about homosexuality and the power of art in dark times

Luis Formaiano

PAPER SESSION 2 – ART

(Chair, Alenka Vidrih)

Brusselsepoortstraat A03.01

Paper 1:

Resistance and provocation to reinvent a story in their own way: the case of children of immigrant background during school-based creative expression workshops

Caroline Beauregard

Paper 2:

Creating spaces in the dark

Manuela Falcón Wahrmann

PAPER SESSION 3 – ART

(Chair, Barbara van de Loo)

Brusselsepoortstraat A01.03

Paper 1:**Focussing on Health: How the art form expresses adaptability and balance using the ArTA method for art therapy assessment**

Ingrid Péntzes

Paper 2:**The open studio therapeutic process in a psychiatric setting for adolescents from the point of view of participating youth: a qualitative analysis**

Daniela Finkel

PAPER SESSION 4 – ART

(Chair, Ann Maes)

Brusselsepoortstraat A01.04

Paper 1:**Rewilding, resisting and resting in collaboration with the more-than-human in art therapy education: Tales from a walled garden**

Adrienne McDermid-Thomas

Paper 2:**Hospital clinicians' experiences of a work – based group art therapy intervention aimed at reducing burnout: Qualitative findings from a clinical trial**

Megan Tjasink

PAPER SESSION 5 – MUSIC

(Chair, Catherine Warner)

Brusselsepoortstraat A01.05

Paper 1:**Therapeutic change in the music therapy processes of working-age people with depression-related disorders – A mixed method study**

Tiia-Liina Raittila & Esa Ala-Ruona

Paper 2:**Home-based family caregiver-delivered music and reading interventions for people living with dementia: an international randomised controlled trial (HOMESIDE trial)**

Felicity Baker

PAPER SESSION 6 – DRAMA

(Chair, Salvo Pitruzzella)

Brusselsepoortstraat A01.06

Paper 1:

Brecht, theatre, therapy and activism

Anna Seymour

Paper 2:

The psychometric effects of drama therapy on socioeconomically disadvantaged and refugee women in Lebanon

Lina Haddad Kreidie

PAPER SESSION 7 – DANCE

(Chair, Aleka Loutsis)

Brusselsepoortstraat A01.07

Paper 1:

Stolen seeds and dancing together through dark times: A DMT case presentation on child sexual abuse, trauma and psychosis

Maika Campo & Heidrun Panhoffer

Paper 2:

Dancing with grandparents to create creativity and optimism in times of loss

Einat Shuper Engelhard & Maya Vulcan

PAPER SESSION 8 – MIXED

(Chair, Mimmu Rankanen)

Brusselsepoortstraat A02.05

Paper:

Creating to find light after dark times: Project: From Negative Thinking to Positive Acting

Suzanne Haeyen, Karin Timmerman, Imke Wiersma, Jackie Heijman & Hans Wouters

PAPER SESSION 9 – MIXED

(Chair, Henriette Bloemenkamp)

Brusselsepoortstraat A02.06

Paper 1:

Invincible light

Jurate Sucylaite

Paper 2:

'Love is the magic ingredient' in our coproduction relationship: an art therapist and people with learning disabilities share their experiences of coproducing research

Nicola Power

PAPER SESSION 10 – EDUCATION

(Chair, Julie Deconinck)

Brusselsepoortstraat A03.03

Paper 1:

The transformative mode of teaching enables growing therapists that are able to voice ethics and social morals – The Poetic of art materials as they bond with the mental materials of survivors attending an open studio in times of disaster and trauma

Ofira Honig

Paper 2:

Integrating Expressive Therapies Continuum in Higher Education of Applied Artists

Jasmina Pacek

LUNCH & POSTERS

Brusselsepoortstraat

POSTERS 13.00-13.45

Brusselsepoortstraat Reception Area and 1st floor

POSTER SESSION 1 - MUSIC

Biofeedback in arts therapies: music therapy at young-onset dementia at home

Hetty Cornelissen

POSTER SESSION 2 - ART

The ambivalence around the ashtray

Alkistis Karouli

POSTER SESSION 3 - ART

Building bridges between (un)usual areas – story of a doctor and art therapist in training in the context of a mandatory practical internship in Brazil: a report on the experience in the field

Ana Carolina Hidaka Koga

POSTER SESSION 4 - ART

The experience of creative arts therapists through the 'one canvas' model supervision and the connections to their professional identity and work

Vika Lis-Ron

POSTER SESSION 5 - ART

Coping with homesickness: contact in art therapy

S.Eunice Morales Macias & Kerstin Schoch

POSTER SESSION 6 - PLAY

Hearing the unspoken. Non-directive play therapy in the process of supporting a child experiencing difficulties

Anna Tuchowska-Chmura & Nina Ambroziak

POSTER SESSION 7 - MUSIC

Specific elements of music therapy in the treatment of neuro-psychiatric symptoms in people with Alzheimer's disease: a PhD research proposal

Koert van Essen

POSTER SESSION 8 - ART

Project Tigar – concept of moveable sculpture as a medium of inclusion of children with multiple disabilities and war veterans

Margareta Vidmar and Dražen Viljušić

POSTER SESSION 9 – ART

Art therapeutic dimension of work with war trauma in the light of Lacanian psychoanalysis

Klaudia Węc

POSTER SESSION 10 – DRAMA

Embracing an entropic perspective – engaging in entropic play for our wellbeing

Gideon Zehavi

POSTER SESSION 11 – DRAMA

Therapeutic theatre as a means of mediating relationships between clients of a therapeutic community for addiction treatment and residents of the surrounding area

Kateřina Zachová

PANELS 14.00-15.15

PANEL 1 – MIXED

(Chair, Adrienne McDermid-Thomas)

Brusselsepoortstraat A01.01

Educating Arts-therapists for Practice in a Time of Climate Crisis: Queries and Initiatives

Nisha Sajnani, Alida Gersie, Ditty Dokter, Alenka Vidrih, & Colin Black

PANEL 2 – MIXED

(Chair: Uwe Herrmann)

Brusselsepoortstraat A03.01

BRUNDIBÁR: Metaphor as resistance to adversity. Longitudinal study of art therapy intervention with vulnerable children (2021-2024)

Marián López Fernández Cao, Estíbaliz Gutierrez Ajamil, Tamara González Casado, Mónica Fontana, Ana Serrano Navarro & Celia Camilli Trujillo

PANEL 3 – ART

(Chair: Carola van 't Hof)

Brusselsepoortstraat A01.03

Shades of uncertainty: How futureproof is arts therapies training?

Catherine Warner, Marius Den Otter, Vincenzo Puxeddu, Eha Rütel & Marc Willemsen

PANEL 4 – ART

(Chair: Robert van den Broek)

Brusselsepoortstraat A01.04

Redefining the pedagogical landscape: methodologies in art therapy research education

Unnur Ottarsdottir, Mimmu Rankanen & Celine Schweizer

PANEL 5 – EDUCATION

(Chair: Sarah Scoble)

Brusselsepoortstraat A01.05

The vicissitudes of professional recognition

Maria D'Elia, Richard Hougham & Johannes Junker

PANEL 6 – MIXED

(Chair: Heidrun Panhofer)

Brusselsepoortstraat A01.06

Deconstructing Dominant Narratives in Dance/movement therapy pedagogy: Critical consciousness in embodied education

Wendy Allen, Nancy Beardal & Laura Wood

PANELS 7 & 8 HAVE BEEN WITHDRAWN

PANEL 9 – ART

(Chair: Harald Gruber)

Brusselsepoortstraat A02.06

Navigating complexity in art psychotherapy intervention development: where are we now and where do we need to go?

Simon Hackett, Nehama Grenimann Bauch, Suzanne Haeyen, Dominik Havsteen-Franklin, Nicki Power & Hans Wouters

PANEL 10 – MIXED

(Chair: Di Gammage)

Brusselsepoortstraat A03.03

INTERruption – Feminist practices in research and education

Kerstin Schoch, Judith Revers & Eunice Morales Macias

PANEL 11 – ART

(Chair: Ofira Honig)

Brusselsepoortstraat A03.02

Giving Voice to Child Sexual Abuse and IPV Survivors: A Glimpse into Survivors' Drawings and Narratives

Limor Goldner, Aiala Lypinski, Leibovich Inbal & Nihal Midhat Najmey

TEA, COFFEE, & BELGIAN CHOCOLATE

Goudstraat 15.45-16.30

MASTERCLASS 16.30-17.30

MASTERCLASS

Nemrod's Hall, Goudstraat

Voicing a Vision - Singing Truth to Power

Frankie Armstrong

EVENING VISIT 19.30-21.00 & 20.00-21.30

VISIT AND GUIDED TOUR TO MUSEUM DR. GUISLAIN, GENT

Exhibition UNHINGED 'On Jitterbugs, Melancholics and Mad Doctors'

Museum Dr. Guislain Gent

Museum Dr. Guislain, Jozef Guislainstraat 43b, B-9000 Gent

UNHINGED 'On Jitterbugs, Melancholics and Mad Doctors'

The exhibition draws attention to the evolution and influence of power relations in psychiatry. It brings to the fore how imagination gives perspective and makes the invisible visible. Unhinged mixes unique pieces with compelling anecdotes, big theories with hidden testimonies. Objects, books, and the arts come and go. Rather than burying psychiatry in history, *Unhinged* emphasises the importance of mental health today.

The exhibition also includes photography from Roger Ballen

Tickets available to purchase at registration - maximum of 40 tickets. Cost €15

DAY THREE PROGRAMME IN DETAIL – FRIDAY

Please go to the ECARTE website (www.ecarte.info) to view abstracts

NOTICES 9.00-9.10

Goudstraat, Nemrod's Hall

Richard Hougham

KEYNOTE 9.10-10.00

KEYNOTE

Goudstraat, Nemrod's Hall

Objects made to last: on resistance in art and art therapy

Uwe Hermann – Introduced by Marián López Fernández Cao

COFFEE

Goudstraat

WORKSHOPS 11.00-13.00

11.00 workshops are in Goudstraat – See also 11.15 for those in Kantienberg

WORKSHOP 1 – MUSIC

Goudstraat C1.03

Resonating hope: exploring emotion regulation in improvisational music therapy for depression

Sonja Aalbers

WORKSHOP 3 – ART

Goudstraat B0.04

'Who crosses your mind?' An experiential exploration of fascination within art therapy

Adelheid De Witte

WORKSHOP 4 – ART

Goudstraat B0.03

The Cook through the Dark Times, Hestia tending the Fires

Arnell Etherington-Reader

WORKSHOP 5 - ART

Goudstraat Nemrod's Hall

The CoActive Therapeutic Theatre Model: Exploring the Script

Laura Wood & Dave Mowers

WORKSHOP 8- MIXED

Goudstraat C1.03

Polyvagal theory and creative arts therapies: singing in or out of tune together?

Annemarie Abbing, Ingrid Pénczes & Martina de Witte

WORKSHOP 10- MIXED

Goudstraat C1.05

Affective Environments: Building New and Possible Futures. The exploration of placemaking as therapeutic practice in the face of ecological crisis

Eliza Sweeney

WORKSHOP 12- EDUCATION

Goudstraat C0.08

Understanding the challenges of evaluating treatment for people with intellectual disabilities: following a manualised model of dramathrapy to guide practice

Jane Bourne

WORKSHOP 14 - DRAMA

Goudstraat A1.05

Morning Lullabies

Natacha Rizk

WORKSHOPS 11.15-13.15

11.15 workshops are in Kantienberg – See also 11.00 for those in Goudstraat

WORKSHOP 2 - MIXED

Kantienberg T.08.01

Self-Care and Creative Support in times of crisis

Mike Haroutioun Ayvazian

WORKSHOP 6 – ART

Kantienberg L.02.01

Imagining together – from individual images to collective balancing

Johanna Wahlbeck

WORKSHOP 7 – ART

Kantienberg L.03.01

Museum-based Art Therapy: Receptive and reflective art experience in the therapeutic process of grief and loss in psycho-oncology

Lianne Pronk

WORKSHOP 9 – DRAMA

Kantienberg L.03.03

Destigmatizing the liminal space: Episodic drama therapy sessions in acute inpatient psychiatry

Gabrielle Fidis

WORKSHOP 11 – MIXED

Kantienberg T.08.02

Staying with It – Creating Resistance, Recuperation and Stabilization in Dark Times

Raquel Stephenson, Nancy Beardall & Karen Estrella

WORKSHOP 13 – DANCE

Kantienberg T.10.01

Dancing from the Heart – cultivating empathic connections for humanity

Aleka Loutsis

LUNCH AND BOOK LAUNCH

Brusselsepoortstraat 13.30-16.45

Memory: shaping connections in the arts therapies

Routledge 2024. Edited by Marian Cao, Richard Hougham and Sarah Scoble

Arts Therapies and the Mental Health of Children and Young People: Contemporary Research, Theory and Practice

Volume 2. Edited by Uwe Hermann, Margaret Hills De Zarate, Heather M. Hunter & Salvo Pitruzzella

LONG PAPERS & FILM/DISCUSSION 14.45-16.15

LONG PAPER 1 – ART

(Chair: Marián López Fernández Cao)

Brusselsepoortstraat A01.02

Immigrants' autoethnographies as artists' books: Overcoming dark times through the power of imagination

Vera Heller

LONG PAPER 2 – ART

(Chair: Barbara van de Loo)

Brusselsepoortstraat A01.03

Surviving pain creatively

Mimmu Rankanen & Kristin Svendsen

LONG PAPER 3 – ART

(Chair: Silke Schauder)

Brusselsepoortstraat A01.04

The effectiveness of Trauma-Focused Art Therapy (TFAT) for psychological trauma: a multiple baseline single case experimental design

Jackie Heijman, Suzanne Haeyen & Hans Wouters

LONG PAPER 4 – ART

(Chair: Ofira Honig)

Brusselsepoortstraat A01.05

How does an art therapy intervention cultivate resistance and resilience in migrant populations facing adverse circumstances?

Natacha Pirotte & Liliana Montoya de la Cruz

LONG PAPER 5 – MUSIC

(Chair: Adrienne McDermid-Thomas)

Brusselsepoortstraat A01.06

When I Ruled The World: Adopted Children's Memories Of Early Life Trauma Recalled In A Process Of Meaning Making In Music Therapy

Joy Gravestock

LONG PAPER 6 – EDUCATION

(Chair: Alenka Vidrih)

Brusselsepoortstraat A03.02

Studying an MA in dramatherapy: An island of sanity in Israel's turbulent times

Susana Pendzik, Dovrat Harel, Amani Musah & Sali Aboreesh

LONG PAPER 7 – DANCE

(Chair: Richard Hougham)

Brusselsepoortstraat A02.05

MA Dance Movement Psychotherapy Large Group as critical pedagogy in Higher Education: professional arts therapies training through experiential embodied learning

Caroline Frizell & Agnes Law

LONG PAPER 8 – MIXED

(Chair: Robert van den Broek)

Brusselsepoortstraat A02.06

A pilot randomised controlled study of arts therapies in primary schools in the UK: The effects on children's quality of life, life functioning, wellbeing, and sleep

Zoe Moula & Vicky Karkou

LONG PAPER 9 – DRAMA

(Chair: Gabrielle Schmid)

Brusselsepoortstraat A03.01

Let's play: exploring playfulness in adulthood

Rinat Feniger-Schal & Tobias Constien

FILM AND DISCUSSION – DRAMA

(Chair: Mary Booker)

Brusselsepoortstraat A01.01

The Silverhawk Sci Fi Film Project – Diversity and the Digital Revolution: a Group of Actors with Learning Difficulties Making a Film

Chris Hill

PERFORMANCE 19.30

PERFORMANCE

Nemrod's Hall, Goudstraat

Stories of Maryam

Karima Anbar

DAY FOUR PROGRAMME IN DETAIL – SATURDAY

Please go to the ECARTE website (www.ecarte.info) to view abstracts

PERFORMANCE 9.15-10.00

Goudstraat, Nemrod's Hall

The Last Dance

Rachel Porter, Emily Laurens & Persephone Pearl

COFFEE

Goudstraat

WORKSHOPS 10.30-12.30

10.30 workshops are in Goudstraat – See also 11.00 for those in Kantienberg

WORKSHOP 2 – ART

Goudstraat B0.04

Abolition Feminism: Radical Hope for Expressive Arts Therapies

Savneet Talwar & Shelly Goebel-Parker

WORKSHOP 3 – ART

Goudstraat B1.02 & B1.03

What can we do about increasing polarisation?

Marian Liebmann

WORKSHOP 5 – ART

Goudstraat B0.03

On considering the verbs of art psychotherapy: exploring resistance, tension and ambivalence through process, art making and group reflection

Abigail Robertson & Megan Hatcher

WORKSHOP 6 – ART

Goudstraat C1.03

Family art therapy and art-based family work: joint creation by family members breaks down illusions and opens the door for change

Marika Ratnik & Ethel Espenberg

WORKSHOP 7 – PLAY

Goudstraat C1.05

Discovering the dignity of the individual and hope through play therapy

Nina Ambroziak & Anna Tuchowska-Chmura

WORKSHOP 9 – DRAMA

Goudstraat Nemrod's Hall

The Silenced Celebrations

Farah Wardani

WORKSHOP 11 – MIXED

Goudstraat C0.08

Singing Together in Supervision: Integrating Art and Psychodrama

Gabrielle Gingras, Maria Riccardi, Carmen Opera & Céline Périer

WORKSHOPS 11.00-13.00

WORKSHOP 1 – MUSIC

Kantienberg L.03.01

Essentials of voicework in music therapy education

Carola van 't Hof & José Pouwels

WORKSHOP 4 – ART

Kantienberg T.08.01

Draw the reality together

Rinat Podissuk Reisner

WORKSHOP 8 – DANCE

Kantienberg L.03.03

Interdisciplinarity of dance/movement psychotherapy to foster queer affirmative practices

Sanjini Kedia

WORKSHOP 10 – DRAMA

Kantienberg T.10.01

Do Not Expect Too Much From The End Of The World or: I got dem ol' Armaged-don blues again, mama

Salvo Pitruzzella

WORKSHOP 12 – MIXED

Kantienberg L.02.01

'And the thread held', from 'The Return' by Mary Oliver

Di Gammage

WORKSHOP 13 – DANCE

Kantienberg T.10.02

Neurodynamics of embodied resistance

Sharon Vaisvaizer

LUNCH

Brusselsepoortstraat

PAPERS 14.30-16.30

PAPER SESSION 1 – ART

(Chair, Marc Willemsen)

Brusselsepoortstraat A01.01

Paper:

Art Therapy and Well-being in Museums: Cultural Mediation in Contemporary Art with Vulnerable Groups

Carolina Peral Jiménez

PAPER SESSION 2 – ART

(Chair, Mimmu Rankanen)

Brusselsepoortstraat A01.02

Paper 1:

Art Therapy Research Strategic Planning: Progress and Prospects

Nancy Gerber & Theresa Van Lith

Paper 2:

Current Practice in Art-Therapy: Clinical Research and Indications for Traumatized Patients

Silke Schauder, Joice Menegatti

PAPER SESSION 3 – ART

(Chair, Caroline Frizell)

Brusselsepoortstraat A01.03

Paper 1:

Creating transitional objects through spatial representation: a shared approach for addressing grief within co-design and art therapy

Eva Demuyne & Valerie Teirlinck

Paper 2:

Developing a theory of social art therapy: insights from the context of crisis

Dominik Havsteen-Franklin & Ephrat Huss

PAPER SESSION 4 – DANCE AND ART

(Chair, Heidrun Panhofer)

Brusselsepoortstraat A01.04

Paper 1 (DANCE):

The dance of life in the time of e-zombies

Susana García Medrano

Paper 2 (ART):

From darkness to drawing: the role of art in a multi-model group for processing traumatic military experiences

Or Shalev

PAPER SESSION 5 – MIXED

(Chair, Rachel Porter)

Brusselsepoortstraat A01.05

Paper 1:

The spirituality of art therapists, a sacred space to better hear the song of dark times

Lise Pelletier

Paper 2:

Rhythm 0: vulnerability and resistance. The performative artistic process as agent of change

Judith Revers

PAPER SESSION 6 – MUSIC

(Chair, Esa Ala-Ruona)

Brusselsepoortstraat A01.06

Paper 1:

'Requiem aeternam dona eis Domine' – Verdi's Requiem Mass in Ghetto Terezin: an enigma of survival

Michal Ulitzur-Zemel & Zvi Semel

Paper 2:

Vocal music therapy for chronic pain managements

Joke Bradt

PAPER SESSION 7 – DRAMA

(Chair, Marius den Otter)

Brusselsepoortstraat A01.07

Paper 1:

The 'creative ambiguity' of drama therapy with socially marginalised adolescents

Tamara Guénoun & Sandrine Pitarque

Paper 2:

Letter to Cassandra

Thaleia Portokaloglou

PAPER SESSION 8 – EDUCATION

(Chair, Sabrina Vanpoucke)

Brusselsepoortstraat A03.01

Paper 1:

Forced to be creative? Arts and psychomotor therapeutic interventions, active elements, working mechanisms, and measurement instruments in forensic care

Annemarie Abbing, Suzanne Haeyen, Jackie Heijman, Susan van Hooren, Wim Waterink & Hans Wouters

Paper 2:

Decolonizing the curriculum: a research study of resistance in the arts therapies

Oihika Chakrabarti

PLENARY 17.00-18.00

Stropkaai

Conference Rapporteurs

Uwe Herrman (coordinator), Weißensee Kunsthochschule Berlin

Marc Willemsen, HU Uithof en Amersfoort

Catherine Warner, University of the West of England,

Judith Revers, MSH Medical School Hamburg,

Ann Maes, PXL, Belgium

CLOSING CELEBRATION 19.30-22.30

Kantienberg

The Closing Celebration will take place on the top floor of the University building Kantienberg, which has views over the city. Some of the songs from the conference will accompany a dinner and drinks. There is an additional charge of €30 for this event.

We are grateful to students of Artevelde University for their music at the Closing Celebration.