

# The State of the Arts Therapies Training in Europe (SATTIE)

Commissioned Report by European Consortium of Arts Therapies Education (ECArTE) in collaboration with the European Associations/Federations/Confederations of the Arts Therapies

---

Note: The ECArTE Board are currently in conversation with the WHO to consider if this project might be a collaborative, which leads to gathering further data and outlining of the Arts therapies education, practice and research in Europe.

In collaboration with the European Associations of Arts Therapies, ECArTE is commissioning a report, which outlines two key aspects of the state of the Arts Therapies in Europe (SATIE):

1. Challenges and possibilities within arts therapies education;
2. Models and examples of evidence based practice in the arts therapies in mental health

## **Overall aim**

The key strategic aim of the report is to gather data on structural, epistemological and aspects of Arts Therapies Education and Research in Europe. The report will present findings, which in turn will generate an initial set of guidelines for training and re-assess the current guidelines published by ECArTE. The overall objective is to maintain and enhance the standing, profiling and resourcing of programmes in Universities through the creation of guidelines and the identification of evidence-based research.

ECArTE will commission a researcher to compile the report over a period of 12 months. The researcher will be supervised by the ECArTE Board will be responsible for supervising the researcher.

## **Stakeholders**

The ECArTE Board are keen to collaborate with European Associations on the compilation of this report.

*European Association of Dance Movement Psychotherapy (EADMT)*

**Vincenzo Puxeddo**

*European Association of Dramatherapy (EFD)*

**Salvo Pitruzzella**

*European Federation of Art therapy (EFAT)*

**Dominik Havsteen-Franklin**

*European Confederation of Music Therapy (ECMT)*

**Esa Ala-Ruona**

*European Consortium of Arts Therapies Education ECArTE*

**Richard Hougham**

## **Phases**

The project will take part in two phases. Phase 1 will be a survey of the field and a mapping of the current state of the arts therapies education and research in Europe.

### **1. PHASE 1**

The project will map and review the following:

### **Training**

- 1.1 The current training programmes in Europe, identifying undergraduate and postgraduate provision and any research and postdoctoral programmes
- 1.2 all programmes will be listed and detailed, whether in the public or private sector
- 1.3 the five modalities of the arts therapies include art therapy, music therapy, dramatherapy, dance movement therapy and play therapy
- 1.4 duration of the training programmes
- 1.5 detail of entry requirements for programmes, including professional experience, academic qualifications

### **Curriculum content**

- 1.6 number of contact hours during the programme with tutors
- 1.7 number of credits and whether the programme uses the ECTS system
- 1.8 Is there reference to the Bologna declaration?
- 1.9 therapy requirement
- 1.10 required hours/sessions of clinical practice
- 1.11 theoretical orientation
- 1.12 pedagogic approach
- 1.13 in what ways the curriculum responds to clinical competencies internally or required from an external agency
- 1.14 self-identified examples of good practice

### **Registration and legislation**

- 1.12 identification of professional associations both national and European for each of the modalities
- 1.15 detail of any state registration and mandatory membership in order to practice
- 1.16 systems of monitoring continuing professional development from professional bodies

## **PHASE 2**

Phase 2 will offer an analysis of the data collected and draw together draft guidelines for the development and enhancement of arts therapy training and practice in Europe.

Part of the second phase will be to offer an informed review on the current criteria for membership into ECArTE.

In phase 2, the report will include:

- a. a systematic review and analysis of the data collected with regard to themes of good practice
- b. a review of research areas and their alignment with different methodologies and expectations in European countries
- c. the production of a report, which will highlight the current situation and identify enhancements over the next five year period

The audience for the report will include students, researchers, academics, education ministry, and policy makers.

### **ECArTE Board**

DRAFT