



EUROPEAN CONSORTIUM OF ARTS THERAPIES EDUCATION

ECArTE

18TH EUROPEAN ARTS THERAPIES CONFERENCE

8-11 SEPTEMBER 2026

PULA, CROATIA

Home in Repetition: The Evoked Mask and the Journey of the Self

Hogar en la Repetición: La Máscara Evocada y el Viaje del Yo

Jesica Dounce Pereztagle & Felipe Salarolli

This session offers an artistic, theatrical, and art-therapeutic experience that explores how art can become a journey of return, belonging, and self-discovery. Through visual and performative creation, participants engage with the notions of home and the evoked mask as symbolic tools of expression—not to conceal, but to reveal what often remains latent.

The approach emphasizes repetition and return as transformative movements, allowing participants to reframe experiences of home, memory, and relational bonds. It also draws on the power of autofictional theater, where reality and imagination coexist within the same body. In this dynamic interplay, autobiography transforms into fiction, and fiction becomes a bridge to the collective, enabling each personal voice to enter into dialogue with others.

The session is structured in four phases. First, an introduction invites reflection on home, belonging, mask, and autofiction. Second, participants create an individual 'map of home' through drawing, painting, or collage, identifying recurring images that evoke memory, rootedness, and personal narrative. Third, the maps are integrated into a collective cartography, and participants work with the evoked mask as an instrument of revelation, giving rise to a unique (per)sona that navigates between the intimate and the fictional. Finally, the session closes with guided reflection and group dialogue, linking the artistic experience to processes of resilience, insight, and transformation.

This session provides tools to recognize recurring life patterns, cultivate therapeutic listening, and expand the sense of belonging, highlighting the power of art to inhabit both the inner world and the community in new and meaningful ways. By combining visual art,



theatrical embodiment, and reflective practice, participants engage in a transformative journey that bridges personal experience and collective imagination.

Biography

Jesica Dounce Pereztagle has a Master's Degree in Art Therapy from the Complutense University of Madrid and is the founder of Dounce Art Clinic. She works with children and adolescents with diverse needs, as well as adults navigating grief, life transitions, and cross-cultural relocations. Having lived and practiced across six continents—including The Middle East, Asia, Europe, Africa, and LATAM—she brings a rich multicultural perspective to her work. Jesica integrates art therapy with creative expression to foster emotional processing, resilience, and personal growth. She has also participated as an actress in theatrical projects exploring emotional processes, connecting performance with therapeutic insights. Through workshops, therapeutic programs, and immersive artistic experiences, she helps individuals link personal narratives with creative practice, cultivating spaces for healing, self-discovery, and a sense of belonging.

Felipe Salarolli is an actor, director, theatre pedagogue, PhD Candidate in Education, and Professor at the Complutense University of Madrid, where he serves as coordinator and director of the Faculty of Education's theatre group. He participated in national and international research projects and has been a visiting professor in Argentina, Brazil, and Italy. He holds a Master's degree in Performing Arts – Acting and Directing from the School of Music and Performing Arts (ESMAE) at the Polytechnic Institute of Porto, Portugal, and a Bachelor's degree in Theatre Pedagogy from the Federal University of the State of Rio de Janeiro. He has 14 years of experience in pedagogy, acting, and theatre directing, as well as performances in film and television.

Recent publications and presentations

Dounce, J. (2024). **Analysis of the Impact of Art Therapy on the Emotional Grieving Process Following Job Loss.** [Master's Thesis]. Universidad Complutense de Madrid. <https://hdl.handle.net/20.500.14352/112394>



EUROPEAN CONSORTIUM OF ARTS THERAPIES EDUCATION

ECArTE

18TH EUROPEAN ARTS THERAPIES CONFERENCE

8-11 SEPTEMBER 2026

PULA, CROATIA

Salarolli, F. (2025). **The Evoked Mask: The Journey of the Self in Fictionalization. Biographical and Bodily Art Therapy Conference.** Workshop. Argentine School of Art Therapy, Buenos Aires.

Salarolli, F., & Sosa, C. (2025). _____ ETC. Chaminade Theatre, Madrid. Theatrical Performances. [Playwriting and Directing]. Madrid, Spain.

Méndez, C., Lage, M., & Salarolli, F. (2024). **Plastic, Visual, and Bodily Creation in the Natural Environment: Art and Nature for Well-being and Health in Education.** In M. Valero, C. Méndez, & M. Díaz (Eds.), *New Advances in Education: Didactic Methodologies for Teaching Foreign Languages and Physical Education*. Dykinson. (pp. 900–911)
<https://www.dykinson.com/libros/nuevos-avances-en-educacion-metodologias>