



Artistic Pathways to Psychedelic Integration: A Framework for Art Therapy-Informed Support via the Voyager Online Platform

נתיבים יצירתיים לאינטגרציה פסיכדלית בגישה מיועדת טיפול באמנות דרך
פלטפורמת ואיג'ר

Presenter 1 - Dr. Neta Ram-Vlasov

Presenter 2 - Dr. Liat Shamri-Zeevi

Presenter 3 - Dr. Michael Gliksberg

Presenter 4 - Isaac Weinstock

Abstract

This poster presents semi-guided art-making (drawing and photography) delivered through the Voyager online platform as a potential pathway for psychedelic integration in healthy adults. Psychedelic integration encompasses multiple interrelated dimensions that contribute to psychological well-being, including physical, emotional, cognitive, social, spiritual, and environmental domains (Bathje et al., 2022).

Integration processes are supported by mind-body practices such as art-making (Tadmor et al., 2025). Engaging with art materials can access implicit bodily memories and transform them into conscious emotional and cognitive insights, fostering self-reflection, perspective-taking, decision-making, and integrative meaning-making (Czamanski-Cohen et al., 2021). Digital tools further enable individuals to engage in visual journaling as a form of self-exploration (Barber et al., 2016).

The Voyager Multimodal Integration Protocol (VMIP) is a five-stage online protocol conducted under the supervision of a certified art therapist. VMIP is designed to facilitate a dialectical movement between raw somatic experiences and conscious cognitive insights, helping reduce memory decay, enhance creative self-efficacy, and support the translation of abstract realizations into sustainable behavioral “micro-integrations.”



Bibliography

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- Czamanski-Cohen, J., & Abato, K. (2021). The bodymind model of Art Therapy in coping with problem substance use. *International Journal of Art Therapy*, 26(4), 176-184.
- Tadmor, N., Halperin, D., & Simon, G. (2025). Integration of personal psychedelic experiences into clinical practice: A phenomenological study in mental health professionals. *Journal of Psychedelic Studies*.

Biography

Presenter 1 - Dr. Neta Ram-Vlasov (PhD)

Art therapist specializing in mindfulness-based psychotherapy and psychedelic integration. Lecturer in the M.A. Program in Art Therapy at Ono Academic College. Research fellow at the Center for Arts and Humanities Research at Tel-Hai Academic College.

Presenter 2 - Dr. Liat Shamri-Zeevi (PhD)

Art psychotherapist, supervisor, psychotherapist, researcher, senior lecturer and head of the Master's program in Art Therapy at the School of Society and Arts, Ono Academic College.

Presenter 3 - Dr. Michael Gliksberg (PhD)

Neurobiologist-philosopher-consciousness aficionado and general science enthusiast. Chief Scientist and Strategy Officer at Voyager. Research at the Weizmann Institute of Science exploring social behavior and oxytocin using zebrafish models.

Presenter 4 - Isaac Weinstock (BSc)

Software engineer, product manager, psychedelic enthusiast and harm reduction volunteer. Founded Voyager, a platform for the creation and sharing of personalized preparation and integration protocols.



Presenter 1 - Dr. Neta Ram-Vlasov Recent Publications

Ram-Vlasov, N. (2024). "Attentive to their drawing": A pilot study of the implications of a single session mindfulness-based art therapy intervention on early childhood assistants. *The Arts in Psychotherapy*, 102203. <https://doi.org/10.1016/j.aip.2024.102203>

Shamri-Zeevi, L., & Ram-Vlasov, N. (2024). "When I go back to painting, I am 'Alice in Wonderland'": older women coping with age-related crises through visual artmaking. *Arts & Health*, 1–15. <https://doi.org/10.1080/17533015.2024.2399245>

Presenter 2 - Dr. Liat Shamri-Zeevi Recent Publications

Vaisvaser, S., Shalem-Zafari, Y., Ram-Vlasov, N., & Shamri-Zeevi, L. (2026). Neuroscience-Informed Creative Group Therapy for Processing Trauma and Developing Resilience During Wartime. *Journal of Personalized Medicine*, 16(3), 128. <https://doi.org/10.3390/jpm16030128>

Einhorn, C. G., Shamri-Zeevi, L., & Honig, O. (2023). Case study of therapist-client co-creation for the treatment of relational trauma in children. *The Arts in Psychotherapy*, 82, 101993. <https://doi.org/10.1016/j.aip.2022.101993>