

New book out!!

Arts Therapies - *A Research-based Map of the Field*

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Description

The book explores the disciplines of art therapy, music therapy, dramatherapy and dance movement therapy. It is the first book to offer a comprehensive mapping of the field of arts therapies including common and unique features of practice. Based upon empirical research work that follows the principles of grounded theory, the text covers historical and current professional developments, definitions, important aspects of practice and therapeutic trends across the four disciplines. The text incorporates both qualitative and quantitative results presented in tables, diagrams and clinical vignettes.

Key Features

- Written in a style that is relevant to readers from a variety of backgrounds
- Tables and diagrams are used to present some basic descriptive statistics about the field
- Illustrated with clinical vignettes and practical examples to show how these therapies may work in practice.
- Addresses the needs of those studying in specialists courses in specific arts therapies as well as qualified dramatherapists, music therapists, art therapists and dance movement therapists interested in finding out more about the field as a whole.
- Offers research-based descriptions of theory and practice that will be relevant to health professionals, academics and researchers interested in solid evidence about the character of arts therapies.

Table of Contents

Preface Introduction Section 1 – Arts Therapies (AsTs) as One Field 1. Professional Development of Arts Therapies 2. Defining Arts Therapies 3. Important Features of Arts Therapies 4. Therapeutic Trends Across Arts Therapies **Section 2 – Arts Therapies as Separate Disciplines** 5. Music Therapy (MT) 6. Art Therapy (AT) 7. Dramatherapy (DT) 8. Dance Movement Therapy **Conclusions Appendix I Research Methodology Appendix II Training Courses Appendix III Useful Addresses**