**University of Plymouth Press**

**Title:** *Arts Therapies and the Space Between*

**Editors:** Christine Lapoujade, Malcolm Ross and Sarah Scoble

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**Key Points**

- Challenging and insightful papers from leading international academics and practitioners in the arts therapies and education
- Eclectic approaches from varied theoretical backgrounds

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**Available as Paperback or Hardback**

**Description**

Leading authors in the field of arts therapies and education explore the ‘space between’ in the client and therapist relationship as a way of opening a wider debate about the nature of therapeutic change. The chapters address questions about the expectations of clients and whether they are achieved; how arts therapists enable clients to create, develop and inhabit a ‘space between’ internal and external realities, between physical and mental spaces; how arts processes and art forms work to open up and link these spaces; how engagement in an arts therapy space might create connection where there is disconnection; and how it might create new opportunities in relationships.

**Authors**

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