

# Day 1 Wednesday 19 September

## Detailed programme

### 14:00 Registration

Registration takes place at the entrance of the Faculty of Educational Sciences. Tallinn University is located within a walking distance from the Old Town. The Faculty of Educational Sciences of Tallinn University is situated in Uus Sadama str. 5. The building is commonly known as the “New Building”.

### 14:30 Posters

Posters will be on display from 14:30 on the first day until 16:30 on the last day of the conference. There are times scheduled into the programme when presenters will be available at their posters for questions and answers.

### 19:00 Official Opening

The official opening takes place at the Aula of the Faculty of Mathematics and Natural Sciences of Tallinn University, which is situated in Narva road 25. This building is commonly known as the “Main Building”.

### Welcome

Eha Rüütel, Tallinn University, Head of Curricula of Art Therapies, for the Local Conference Organising Committee  
Honourable Guests of the University of Tallinn

Christine Lapoujade, Chair of ECARTE

Sarah Scoble, Vice Chair of ECARTE

*Please note: The organisers reserve the right to make changes to the conference programme at any time.*

BUILDING	ABBREVIATION	ADDRESS	NUMBER
MAIN BUILDING	P	Narva mnt 25	1
LANGUAGE BUILDING	K	Narva mnt 29	2
NEW BUILDING	U	Uus-Sadama 5	3
SPORTS BUILDING	S	Narva mnt 25	4
CRAFT DEPARTMENT WORKSHOPS	T	Narva mnt 25	5
ART DEPARTMENT BUILDING	KU	Narva mnt 25	6
FACULTY OF SOCIAL SCIENCES	H	Narva mnt 27	7
FACULTY OF FINE ARTS	L	Lai tn 13	8
THE INSTITUTE OF HISTORY	Ai	Rüüti 10	9
FACULTY OF PHYSICAL EDUCATION	Pi	Regati pst 1	10
BALTIC FILM AND MEDIA SCHOOL	Sy	Sütiste tee 21	11
ACADEMIC LIBRARY		Rävala pst.10	12
DORMITORY		Karu 17	13
DORMITORY		Pärnu mnt 59	14

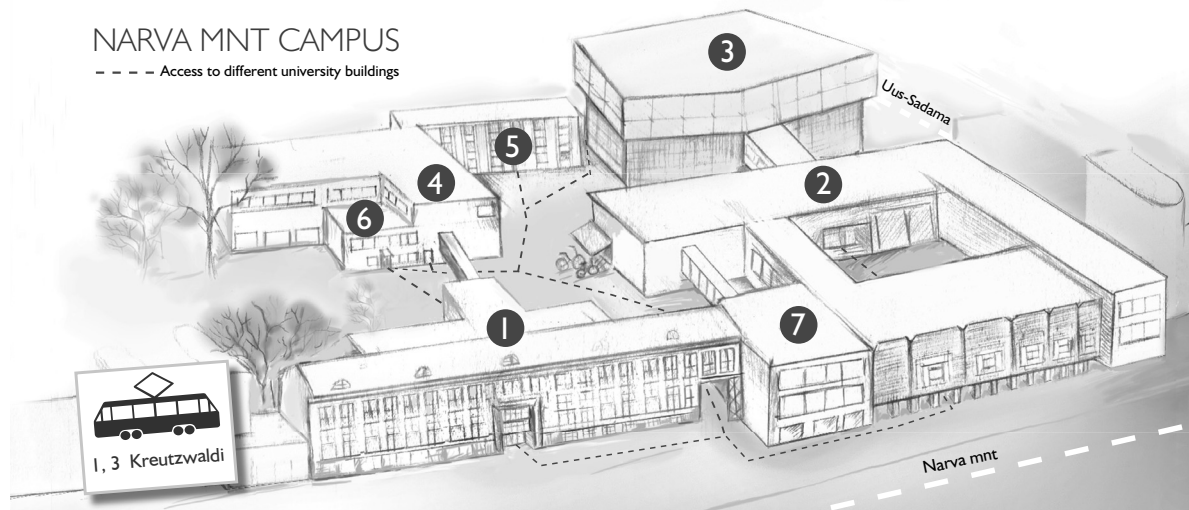
UNIVERSITY BUILDINGS



NB! Offices and classrooms in the university buildings are marked with a combination of a letter and number.  
e.g. P-320 (P – main building, 3 – third floor, 320 – room number).

### NARVA MNT CAMPUS

--- Access to different university buildings



# Day 2 Thursday 20 September

## Detailed programme

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### 09:30–11:00 Session 1 – Introduction and Keynotes

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#### Introduction

Preliminary thoughts on the conference theme and an introduction to the keynote speakers will be presented by *Sarah Scoble*

#### Keynotes

Art “Therapy”, *Heie Treier*, Estonia

In a Gifted State, *Malcolm Ross*, United Kingdom

Questions and Discussion

**Room 1**

### Session 2

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#### 11:30–13:00 Paper Presentation

##### ***Philosophical ideas of art therapy processes – The immortality of artists***

- Beauty and the Sublime in Art and Art Therapy, *Philippa Brown*, United Kingdom
- Necessity knows no images – images as friends in need, *Peter Rech*, Germany

Chair: *Aino Peltonen* **Room 1**

#### 11:30–13:00 Paper Presentation

##### ***Professional identity – drama therapy supporting management processes – internet communication as a method of dramatherapy***

- The Professional Identity of Art Therapists in Finland, *Daniela Seeskari*, Finland
- “Shape Shifting in a Merger and Acquisition” – A dramatherapist working to support employees during systemic changes in a hostile merger and acquisition, *Matthew Trustman*, United Kingdom
- The Double Mediation of Art and Technology. The example of a virtual group working with dramatherapy techniques, *Dimitra Stavrou*, Greece

Chair: *Richard Hougham* **Room 2**

#### 11:30–13:00 Paper Presentation

##### ***Evaluation of Dance Therapy in a clinical context – The freedom of creativity, public acknowledgement, self-disclosure and limited personal resources – Ancient roots of arts therapies***

- The Joy Dance. Specific effects of a single dance intervention on psychiatric patients with depression, *Sabine Koch*, Germany
- The dialectics of the art therapist: Therapist vs. Artist – Or: Why Peter Pan returned to search for his shadow?, *Moshe Housman*, Israel
- A Rite of Passage, *Rachael Johnson*, N. Ireland

Chair: *Päivi-Maria Hautala* **Room 3**

#### 11:30–13:00 Paper Presentation

##### ***New pedagogical possibilities through artistic and symbolic expressions – Art Therapies in Latvia: assessing both, the educational and the professional situation – Art Therapy in forensic settings***

- Art Therapy: The importance of imagery through creative education with children who have learning problems, *Eveline Porto*, Brazil

- Art therapy – education's situation and perspectives in Latvia; *Kristine Martinsone & Ieva Varverniece*, Latvia
- Art Therapy with violent offender patients, *Kate Rothwell*, United Kingdom

Chair: *Brigitta Englund* **Room 4**

#### 11:30–13:00 Dramatherapy Workshop

Why Change? *Joanna Jaaniste*, Australia

**Room 5**

#### 11:30–13:00 Art Therapy Workshop

Does Art plus Therapy equal Art Therapy? *Natalia Nazarova & Heleen Schuld*, Russia / The Netherlands

**Room 6**

#### 11:30–13:00 Expressive Arts Workshop

"Troubadours of Colors": A Mythical Journey in Search of the Healing Powers of Colors, *Hanan Rothem*, Israel

**Room 7**

### Session 3

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#### 14:00–15:30 Discussion Rooms

**Room 2, 4, 5, 6 and 7**

#### 14:00–16:00 Film Presentation

- Beyond the Mask, *Lore Laura Jimenez-Alonso*, Austria
- "Art Therapy Has Many Faces" New Edition, 2007 *Judith Rubin & Dr. Elaenor Irwin*, United States

Chair: *Roland Matthies* **Room 1**

#### 14:15–14:45 Poster Presentation

- Movement in dance; a conceptual model for dance movement therapy, *Ina van Keulen*, Netherlands
- Creative processes and methods of making sculptures for Multisensory Park with MDVI children, *Margareta Vidmar*, Croatia

**Floor 2**

### Session 4

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#### 16:00–17:00 Paper Presentation

##### **Music therapy: focusing psychiatry and spiritual implication**

- Resonant Themes: How images shed light on music and sounds resonate with visuals produced in Music Therapy and Art Therapy groups in Child and Adolescent Psychiatry, *Aby Vulliamy & Sheena McGregor*, Scotland UK
- Sounding the Spirit: The Interface between Music Therapy and Spiritual Needs, *James Robertson*, Scotland UK

Chair: *Nicki Wentholt* **Room 1**

#### 16:00–17:30 Paper Presentation

##### **Ecological aspects of art therapy – nature as a healing force**

- Spiritual-ecological concept of art therapy in Slovakia, *Jaroslava Sickova-Fabrici*, Slovakia
- Art Therapy and Eco-Psychology: Connections for a New Paradigm, *Suzie Cahn*, Ireland

Chair: *Klasien van der Deen* **Room 2**

**16:00–17:30 Paper Presentation*****Aesthetic experiences - Picasso challenging art therapists - symbolism of figures in dance and movement***

- An Exploration of the Aesthetic Experience in Art Therapy, *Margaret Hills*, United Kingdom
- Who doesn't like Picasso? - Research as a part of the professional attitude in the art therapy course at Christelijke Hogeschool Nederland (CHN) University, Leeuwarden, The Netherlands, *Celine Schweizer*, The Netherlands
- The Dancing Gods France, *Schott-Billmann*, France

*Chair: Christine Lapoujade* **Room 3**

**16:00–17:30 Dramatherapy Workshop**

Practical introduction in Developmental Transformations, a dramatherapeutic method, *Jaap Welten*, The Netherlands

**Room 5**

**16:00–17:30 Poetry Therapy Workshop**

Expressive/creative and educational dimensions of poetry therapy in the work with schizophrenic patients, *Jurate Suciylaite*, Lithuania

**Room 6**

**16:00–17:30 Music Therapy Workshop**

Music Centered Observation in Music Therapy, *Han Kurstjens*, The Netherlands

**Room 7**

# Day 3 Friday 21 September

## Detailed programme

### Session 1

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#### 09:30–11:00 Paper Presentation

##### *Research and evaluation projects in arts- and dramatherapy*

- Discovering the development of self-esteem and social skills in children with Dyspraxia through Dramatherapy, *Tania Manners*, United Kingdom
- Arts Therapies within a mental health promotion programme in schools: evaluation results, *Vassiliki (Vicky) Karkou*, Scotland UK
- Quantitative and Qualitative criteria in Dramatherapy research, *Katerina Couroucli-Robertson*, Greece

Chair: *Brigitta Englund* **Room 1**

#### 10:00–11:00 Paper Presentation

##### *A critical view on to art therapies research*

- Critically Evaluating Art Therapy Assessments *Stephanie Brooke*, United States

Chair: *Linda E. Wheildon* **Room 2**

#### 10:00–11:15 Poster Panel Discussion

##### *Two studies: Professional integration and identity of art therapists in Finland & Russia – Training and education: developing perspectives in Finland & Estonia*

- Art therapy education 1998–2005 in Satakunta University of Applied Sciences / University of Hertfordshire franchising programme of Post Graduate Diploma in Art Therapy. How art therapy students were employed after receiving a post graduate diploma in Finland, *Päivi-Maria Hautala*, Finland
- The 'Becoming' of the Arts Therapies'profession in Russia (research record), *Natalia Nazarova*, Russia
- Results and the future of art therapy in Estonia, *Pilvi (Blankin) Salmin*, Estonia
- Phototherapy training for psychotherapists and therapists – experiences in Finland since 2000, *Ulla Halkola*, Finland

Chair: *Linda E. Wheildon* **Room 3**

#### 09:30–11:00 Dramatherapy Workshop

Dramatherapy Performance Evaluation, *Lambros Yotis*, Greece

**Room 5**

#### 09:30–11:00 Art Therapy Workshop

Art Therapy and the corporate world: using Art Therapy methodology in professional team-building and communication training in corporate and institutional settings, *Victoria Scotti*, Estonia

**Room 6**

#### 09:30–11:00 Music Therapy Workshop

Let's Play Together! – early intervention by means of theraplay in the context of music therapy, *Kirsi Tuomi & Mrs Teija Carlsson*, Finland

**Room 7**

## Session 2

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### 11:30–13:00 Paper Presentation

***A great mythological source as a support of therapeutic aims – social perspectives of arts therapies as “a revolution in health care”***

- KALEVIPOEG today – creative-therapeutic aspects of the Estonian national epic relevant to our current civilization, *Peter Petersen*, Germany
- Would you tell me please, which way I should go from here? (*Lewis Carroll*) *Michael Barham*, United Kingdom

Chair: *Eha Rütel* **Room 1**

### 11:30–13:00 Paper Presentation

***Musical stimulance – Neurophysiological effectiveness of music and rhythm in clinical application – Artistic and therapeutic processes in clinical practice***

- Minimalizing Vibroacoustic Music Therapy stimuli, *Olav Skille*, Norway
- Melody of the walking – rhythm of the movement Combined music and movement therapy for patients of the neurological rehabilitation, *Claudia Dill-Schmölders & Matthias Grün*, Germany
- Are Artistic Processes Therapeutic? *Edith Lecourt*, France

Chair: *Han Kurstjens* **Room 3**

### 11:30–13:00 Student Discussion Forum

***Networking is fundamental. How to foster the inter-exchange of experiences? Perspectives of cooperation***

*Julia Sommer & Julia Sparmann, Claudia Budde*, Germany

Chair: *Albrecht Lampe* **Room 4**

### 11:30–13:30 Art Therapy Workshop

Collage and Painting Co-operation involving music, *René Donders*, The Netherlands

**Room 6**

### 11:30–13:00 Dramatherapy Workshop

The Therapist in School: Communicating through Play and Drama, *Brenda Meldrum*, United Kingdom

**Room 7**

### 11:30–13:00 Workshop

Swim alongside, block the way and then seduce ... building blocks in relationship, *Penelope Best*, United Kingdom

**Room 5**

## Session 3

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### 14:00–15:30 Discussion Rooms

**Room 3, 4 and 5**

### 14:00–15:30 Workshop

Touching the Void, *Malcolm Ross*, United Kingdom

**Room 5**

**14:15–14:45 Poster Presentation**

- “Holding the opposites” within dual diagnosis. *Stephanie Smith & Vicki Riddle*, United Kingdom
- Arts therapies in Estonia – from a hobby activity to a professional field of treatment *Eha Rüütel*, Estonia
- Indication, development and performance treatment plan *Heleen Schuld & Sylka Uhlig*, The Netherlands
- The 1st Hellenic Conference of Dramatherapy and Play Therapy: Art and metaphor in the psychotherapeutic process- Dramatherapy and Play Therapy in Greece today, *Lambros Yotis*, Greece

**Floor 2****Session 4****16:00–17:30 Paper Presentation*****Education in dance therapy – Methodological development and research: intercultural aspects – Developments in education of arts therapies***

- Where are we coming from, where are we and what are we moving towards? *Birgitta Härkönen*, Sweden
- Improving the Art Therapist’s Role in Early Education, *Elizabeth (Betty) Stirling*, United Kingdom
- Are we controlling the art or Is art controlling us? *Sophie Sjaak*, The Netherlands

*Chair: Klasien van der Deen Room 1***16:00–17:30 Paper Presentation*****A nomadic circus – Art Therapy in the migration field***

- The Art of Combining Arts Therapies in Mental Health. A Crossculture Project: Circus Bombastico Fokus – Pelguranna, *Beate Albrich*, Czech Republic:
- Art Therapy and Immigration: COLOURS – a project financed by the European Community, *Eva Marxen*, Spain

*Chair: Han Kurstjens Room 2***16:00–17:30 Paper Presentation*****Interdisciplinary approach to different methods: music, clay and painting***

- Vibroacoustic therapy in the treatment of psychosomatic disorders and depression, *Riina Raudsik*, Estonia
- Working at the Clay Field, *Mai Sein & Ivar Espenberg*, Estonia
- Copy Painting – as a method in supervision of art therapy practice, *Aino Peltonen*, Finland

*Chair: Egbert Hulshof Room 3***16:00–17:30 Dramatherapy Workshop**An Exploration Of Laban’s Effort Actions In Dramatherapy, *Richard Hougham*, United Kingdom:**Room 5****16:00–17:30 Music Therapy Workshop**The Art of Storycomposing, *Hanna Hakomäki*, Finland**Room 7**

# Day 4 Saturday 22 September

## Detailed programme

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### Session 1

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#### 09:30–11:00 Performance

BREKEKEX COAX COAX – 50 minute performance followed by questions and answers.

Director: *Richard Hougham*, United Kingdom

Performers: *Jody Watson, Nancy Walker, Tania Batzoglou*, United Kingdom

Chair: *Richard Hougham* **Aula**

### Session 2

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#### 11:30–12:30 Session 2-1 Paper Presentation

##### ***The arts therapies' creative processes: mental health and the psychophysical level.***

- Combining creativity through art and educational therapy to promote wellbeing for people with long term mental illness. *Marianne Sturtridge*, United Kingdom
- The Proceeding and The Psychophysical Levels of The Creative Process in Art Therapy, *Mimmu Rankanen*, Finland

Chair: *Celine Schweizer* **Room 1**

#### 11:30–12:30 Paper Presentation

##### ***Crossing therapeutic methods: Methodological development and research, the role of place in the development of the self – The dialogue with the inner pictures***

- Topological factors in art psychotherapy supervision and practice. *Barrie Damarell*, United Kingdom
- Rebirth of the inner Child: The inner Child experienced, expressed and realized through Art Therapy. *Anet Svensson*, Sweden

Chair: *Egbert Hulshof* **Room 2**

#### 11:30–13:00 Paper Presentation

##### ***Dance and movement therapists as mirrors and narrators – Pictures of the outer reality and inner images***

- Finding words for the unspeakable: in how far can the embodied experience be worded? *Heidrun Panhofer*, Spain
- The Dialogue between Inner and Outer Images. Integrating Photography in Art Therapy. *Hanna Hentinen*, Finland

Chair: *Linda E. Wheildon* **Room 3**

#### 11:30–13:00 Dramatherapy Workshop

Circus In The Creative Arts Therapies: The CITCAT approach! *Martin Cope & Cassie Atkin*, United Kingdom

**Room 5**

#### 11:30–13:00 Dramatherapy Workshop

Arts (in Arttherapy) meet Science: an inconvenient affair? Or can the free individual expression of art be caught in a standardised diagnostic instrument? *Mathilde Tubben*, The Netherlands

**Room 6**

**11:30–13:30 Music Therapy Workshop**

Singing: A Personal and Professional Need, *Sylka Uhlig*, The Netherlands

**Room 7**

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**13:00–14:00 Lunch Break**

**Cafeteria**

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**Session 3**

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**14:00–15:30 Discussion Rooms**

**Room 2, 3 and 5**

**14:00–15:30 Meeting of ECARTE Member Representatives**

**Room 6**

**14:15–14:45 Poster Presentation**

- Experiences of art therapy, from a client perspective, *Anna Karin Karlsson*, Sweden
- Recordings of Estonian natural soundscapes (Video), *Ivar Vinkel*, Estonia
- Art & movement-therapists' passion. Dutch documentary with English subtitles (Video), *Gerdie Tuender*, The Netherlands

**Floor 2**

**14:00–15:30 Dramatherapy Workshop**

The Lecoq Method of Acting as a Therapeutic Approach, *Roland Matthies*, Germany

**Room 7**

**Session 4**

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**16:00–17:30 Paper Presentation*****Art therapy research projects focusing methodology, the interdependency of image making processes and intellectual disability***

- Therapeutic Causality Report (TCR) Methodology: a methodology to monitor individual patient progress, *Erik Baars*, The Netherlands
- John's World: a case study showing the interdependency of the image-making process, symbol, metaphor and transference/countertransference dynamics. *Margarita Wood*, United Kingdom
- Art in the context of the life of people with an intellectual disability. Does art increase the quality of their lives? *Klasien Van der Deen*, The Netherlands

*Chair: Birgitta Härkönen* **Room 1**

**16:00–17:00 Paper Presentation*****Aesthetic and social features of rap and slam – development of communicative behaviour***

- Rap and Slam Expression in a Prison Environment – Musical Creation and Self Re-creation, *Jean-Pierre Aubret & Catherine Lehousse*, France
- Making Connections – The Triangular Relationship in Art Therapy with Children with Autism Spectrum Disorder. *Ailsa Fullarton*, Scotland UK

*Chair: Peter Rech* **Room 3**

**16:00–17:30 Dance-movement Therapy Workshop**

Dance Therapy for Depressed Teenage Girls. *Nita Gyllander Vabö*, Sweden

**Room 5**

**16:00–17:30 Art Therapy Workshop**

Insides and Outsides. *Heather Hunter & Margaret Hills*, Scotland UK

**Room 6**

**16:00–17:30 Dramatherapy Workshop**

A drama therapy method for patients with anxiety disorders and patients with obsession and compulsion disorders.

*Liesbeth Doomen*, The Netherlands

**Room 7**

**19:30+**

**Closing Celebration at “The Lost Continent”, Narva mnt 19, Tallinn**